

FOLLOW SOME SIMPLE RULES AND DON'T BECOME A TARGET

Many Americans knew little — and worried less — about terrorism before Sept. 11, 2001. But the attacks on their homeland that day changed the American psyche.

Now, more than six years after the attacks, the horrific images of the Twin Towers crumbling before the eyes of the world are fading. Terrorists are now mostly distant figures on the news.

And while the Department of Defense knows that domestic attacks are a real concern, the threat of attacks against American servicemembers on duty around the globe is even greater.

Defense officials also know that no amount of protective measures will stop terrorism. But by following the 10 proven security guidelines (at right) Airmen and their families can help reduce the risk of becoming targets in a foreign land.

Editor's note: Source: Chairman of the Joint Chiefs of Staff Guide 5260, *Antiterrorism Personal Protection Guide: A Self-Help Guide to Antiterrorism*, Oct. 14, 2005.



10 PROVEN SECURITY GUIDELINES

Learn the lingo

Learn and practice key phrases in the local language, like "I need a police officer or doctor."

Loose lips ...

Avoid giving out information on family travel plans or security measures and procedures.

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Memorize all the key phone numbers possible — office, home, police, security, etc.

- Beware of strangers

 Don't open doors to strangers, report unsolicited contacts to
- authorities and refuse to meet strangers outside the workplace.
 - When leaving home or the office, Airmen should advise associates or family members of their destination and anticipated time of arrival.
- Report strangers
 Report all suspicious persons loitering near offices or in unauthorized areas. Try to give police or security officials a complete description of the person and/or vehicle and consider taking a photograph of the person, but only discreetly.
- Without a verified identity, don't give unnecessary personal details to anyone.
- Be suspicious

 Be alert for anything suspicious or out of place: Don't give personal information over the telephone. Go to a pre-selected secure area, like a military base or police station, if you think someone's following you [report the incident to the military police, security forces, local law enforcement agencies or the

military attaché at the U.S. embassy].

Don't be predictable

Be unpredictable. Vary daily routines, such as your route to and from work and the time you leave and return home. Vary the way you dress. Do not exercise at the same time and place each day, alone or on deserted streets or country roads. Let people close to you know where you are going, what you will be doing, and when you should be back.

Lay low
Keep a low profile. Don't let your dress, conduct and mannerisms attract attention. Blend into the local environment. Avoid
publicity and don't go out in large groups. And stay away from
civil disturbances and demonstrations.